

Nutrition Facts

1 serving per container

Serving size 1 serving (227g)

Amount per serving

Calories 510

% Daily Value*

Total Fat 33g 42%

Saturated Fat 6g 30%

Trans Fat 0g

Cholesterol 150mg 51%

Sodium 450mg 20%

Total Carbohydrate 28g 10%

Dietary Fiber 3g 10%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 27g

Vitamin D 0mcg (0 IU) 0%

Calcium 220mg 15%

Iron 3mg 20%

Potassium 280mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.