

Nutrition Facts

1 serving per container

Serving size 1 serving (175g)

Amount per serving

Calories 330

% Daily Value*

Total Fat 12g 15%

Saturated Fat 4g 19%

Trans Fat 0g

Cholesterol 100mg 33%

Sodium 600mg 26%

Total Carbohydrate 40g 15%

Dietary Fiber 3g 12%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 16g

Vitamin D 0.04mcg (7 IU) 0%

Calcium 106mg 8%

Iron 3mg 20%

Potassium 350mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.