

# Nutrition Facts

1 serving per container

**Serving size** 1 serving (128g)

Amount per serving

**Calories** 310

% Daily Value\*

**Total Fat** 19g 25%

Saturated Fat 7g 36%

Trans Fat 0g

**Cholesterol** 110mg 37%

**Sodium** 250mg 11%

**Total Carbohydrate** 4g 1%

Dietary Fiber 0g 1%

Total Sugars 3g

Includes 0g Added Sugars 0%

**Protein** 30g

Vitamin D 1mcg (50 IU) 6%

Calcium 36mg 2%

Iron 2mg 10%

Potassium 480mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.