

Nutrition Facts

1 serving per container

Serving size 1 serving (172g)

Amount per serving

Calories 250

% Daily Value*

Total Fat 6g 7%

Saturated Fat 1.5g 7%

Trans Fat 0g

Cholesterol 120mg 39%

Sodium 550mg 24%

Total Carbohydrate 15g 6%

Dietary Fiber 0g 1%

Total Sugars 5g

Includes 0g Added Sugars 0%

Protein 35g

Vitamin D 0mcg (1 IU) 0%

Calcium 6mg 0%

Iron 0.52mg 2%

Potassium 440mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.