

Nutrition Facts

1 serving per container

Serving size 1 serving (142g)

Amount per serving

Calories 350

% Daily Value*

Total Fat 20g 25%

Saturated Fat 10g 48%

Trans Fat 0g

Cholesterol 115mg 38%

Sodium 320mg 14%

Total Carbohydrate 17g 6%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 25g

Vitamin D 0.06mcg (22 IU) 0%

Calcium 252mg 20%

Iron 2mg 15%

Potassium 210mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.