

Nutrition Facts

1 serving per container

Serving size 1 serving (130g)

Amount per serving

Calories 380

% Daily Value*

Total Fat 26g 33%

Saturated Fat 9g 45%

Trans Fat 0g

Cholesterol 95mg 32%

Sodium 840mg 36%

Total Carbohydrate 9g 3%

Dietary Fiber 4g 13%

Total Sugars 3g

Includes 0g Added Sugars 0%

Protein 28g

Vitamin D 1mcg (54 IU) 6%

Calcium 87mg 6%

Iron 3mg 15%

Potassium 470mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.