

# Nutrition Facts

1 serving per container

**Serving size** 1 serving (170g)

Amount per serving

**Calories** 240

% Daily Value\*

**Total Fat** 15g 19%

Saturated Fat 3g 14%

Trans Fat 0g

**Cholesterol** 125mg 41%

**Sodium** 520mg 23%

**Total Carbohydrate** 3g 1%

Dietary Fiber 0g 1%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 22g

Vitamin D 0.41mcg (17 IU) 2%

Calcium 24mg 2%

Iron 0.99mg 6%

Potassium 240mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.